



Massage Services

Swedish ~ \$70 / \$110

Induces relaxation, relaxes tired muscles and improves circulation. 60 minute / 90 minute

Deep Tissue ~ \$70 / \$110

Firm massage with deep penetrating pressure to release, knots, stress accumulation, and revert body's muscles to their natural suppleness. 60 minute / 90 minute

Cranio Sacral ~ \$80 / \$120

This is a bodywork method that focuses on gently stimulating your CranioSacral system (the membranes and fluid that surround the brain and spinal cord) to heal the body by improving the functioning of the central nervous system. CST effectively complements your body's natural healing process. 60 minute / 90 minute

Pregnancy ~ \$80

Tailored to your specific needs, our therapists know how to pamper a "mommy to be" and relax those aching muscles. 60 minute

Reflexology

Hand Reflexology Session ~ \$40

Includes a paraffin hand wrap. 30 minute

Foot Reflexology Session ~ \$40

Includes an aromatherapy foot bath. 30 minute

Full Reflexology Session ~ \$80

Includes both paraffin hand wrap and aromatherapy foot bath. 60 minute

Facials

TLC Facial ~ \$45

Everyone deserves a little TLC! This quick, yet highly personalized treatment is great for those on-the-go or on a budget. 30 minutes

Elementals Organic Facial ~ \$60

A customized treatment for your skin type using our exclusive line of organic skin care, Aroma Bella. Fresh botanicals and essential oils infuse the skin with antioxidants and nutrients promoting natural skin renewal and health. 45 minutes

Acne ~ \$75

An absolute must if you're breakout-prone, have clogged pores or blackheads. Make this effective treatment a part of your continuing fight against acne. 45 minutes

Anti-Aging Trio ~ \$150

BUY 6 Save \$150 ~ \$750

Experience youthful, radiant skin with our signature trio! A combination of gentle baking soda MicroDermabrasion, an infusion of our Oxygen Cocktail, complete with our relaxing MicroCurrent to lift and firm the skin. 75 minutes

MicroDermabrasion

Mini MicroDermabrasion ~ \$75

Recommend Series of 6 ~ \$360 ~ Save \$90

Short on time? The Mini Micro is a great, fast results treatment that includes our organic Baking Soda MicroDermabrasion with an age-erase vitamin infused mask to complement your newly polished complexion. 30 minutes

MicroCurrent

MicroCurrent Facial Sculpting ~ \$125

Recommend Series of 10 ~ \$1,000 ~ Save \$250

Additional Series of 5 ~ \$495 ~ Save \$130

Recommended for adult clients of all ages!

MicroCurrent is a low level electrical current that mimics the body's own natural current to stop, reduce and reverse signs of premature aging. This non-invasive, non-surgical technique addresses sagging skin, dark circles, puffy eyes, droopy eyelids, red complexion, sun damaged skin, wrinkles, scars and much, much more!

This treatment preserves and maintains youthful elements for the younger clients and acts as a rejuvenation treatment for more mature clients. 60 minutes

Stomach Sculpting ~ \$100

Recommend Series of 10 ~ \$750 ~ Save \$250

MicroCurrent lifts, tones & tightens loose skin resulting in a firmer and more tone stomach. 30 minutes

ADD-ONS

Hand & Foot Massage (15 minutes) ~ \$15

Brow Shaping \$10

Ion Detoxifying Foot Bath \$35

MicroDermabrasion/Oxygen Booster \$25

Stomach Sculpting \$75

(add on to Zerona or Facial)

Wholistic
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